

RECIPE (9/19/2015)

1) Lip balm (UV) 4~5 balms

Sweet almond oil 4 tea spoons
(Honey optional up to 1 tea spoon)
Beeswax 1 Tbl spoon
Cocoa butter one-half Table spoon
Zinc oxide 3~20%, SPF 4~7 if 5%
Essential oil 5 drops

2) Cockroach Cookies

Boric acid 1 lb +
Onions 2
flour 1 cup
Sugar 2 Tbl spoon
Milk 1~ 2 Tbl spoon
Water
(Food processor)

CAUTION: Keep cockroach cookie away from children and pets

3) Alcohol free Hand sanitizer

Pure Aloe vera gel 1 cup
Whitch hazel 1~2 tea spoon
Tea tree oil or other 25 drops

4) Tooth paste

white clay 3 Tbl spoon
Salt 1 T
Water 2 T
Sparemint, Tea tree oil 1 drop each

5) Bath bomb (Shower Fizz)

Baking soda 12 oz
Citric Acid 6 oz
Corn starch 2 oz
Jojoba & essential oil 10 drops each

